

City of Irving Parks and Recreation Classes

Registration is at 6 p.m. Jan. 2 at all full-time and school recreation centers. Classes begin Jan. 8 and end March 3.

CIMARRON PARK RECREATION CENTER / 201 Red River Trail / (972) 910-0702
Hours: Mon, Wed, Fri : 6 a.m.-10 p.m. / Tue, Thu : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE	
TODDLER & PRESCHOOL CLASSES					
Mon	9:15-10:15 a.m.	Storytime and Snacks	3-6	\$5	
	10:15-11 a.m.	Preschool Soccer	3-6	-0-	
	11 a.m.-noon	Cookie Making	3-6	\$5	
	noon-1 p.m.	Building Buddies	3-6	-0-	
Tue	9:15-10 a.m.	Puzzles and Games	3-6	-0-	
	10-11 a.m.	Paper Bag Puppets	3-6	\$5	
	11 a.m.-noon	Tikes and Trikes	3-6	-0-	
	noon-1 p.m.	Little Chefs	3-6	\$10	
Wed	9:15-10 a.m.	Finger Painting	3-6	\$5	
	10-11 a.m.	Preschool Basketball	3-6	-0-	
	11 a.m.-noon	Preschool Science	3-6	\$10	
	noon-1 p.m.	Superhero Coloring	3-6	-0-	
Thu	9:15-10:15 a.m.	Legos Mania	3-6	-0-	
	10:15-11 a.m.	Construction Paper Crafts	3-6	\$5	
	11 a.m.-noon	Gym Time Fun	3-6	-0-	
	noon-1 p.m.	Preschool Painting	3-6	\$5	
Fri	9:15-10 a.m.	Preschool Origami	3-6	-0-	
	9:15-11 a.m.	Mom and Tots	0-2	\$10	
	10-11 a.m.	ABC and 123 Learning	3-6	-0-	
	11 a.m.-noon	Gym Social	3-6	-0-	
Sat	9:15-10 a.m.	Cupcake Creations	3-6	\$5	
	9:15-10 a.m.	Fitness and Snack	3-6	\$5	
		10-11 a.m.	Preschool Sports Hour	3-6	-0-
		11 a.m.-noon	Little Builders	3-6	-0-

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	3-4 p.m.	Gym Games-Kickball	6-12	-0-
	4-5 p.m.	Craft Time	6-12	\$5
	5-6 p.m.	Wood Work	6-12	\$5
	6-7 p.m.	Table Tennis	6-12	-0-
	8-9 p.m.	Teen Board Games	13-17	-0-
Tue	3-4 p.m.	Gym Games-Badminton	6-12	-0-
	4-5 p.m.	Bracelet Making	6-12	\$5
Wed	3-4 p.m.	Gym Games-Soccer	6-12	-0-
	4-5 p.m.	Science Experiments	6-12	\$5
	5-6 p.m.	Madden PS4	6-12	-0-
	6-7 p.m.	Game Room Challenge	11-17	-0-
Thu	7-8 p.m.	Youth Billiards	13-17	-0-
	3-4 p.m.	Gym Games-Dodgeball	6-12	-0-
	4-5 p.m.	Pottery Painting	6-12	\$5
Fri	5-6 p.m.	Game Room Challenge	6-12	-0-
	3-4 p.m.	Gym Games-Whiffle Ball	6-12	-0-
	4-5 p.m.	Winter Crafts	6-12	\$5
Sat	5-6 p.m.	Brain Teasers	6-12	-0-
	1-2 p.m.	Table Tennis	6-12	-0-
	2-3 p.m.	Flag Football	10-15	-0-
3-4 p.m.	Youth Billiards	13-17	-0-	

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	2-3 p.m.	Senior Fitness (M,W,F)	50-up	-0-
	7-8 p.m.	Beginning Fitness	18-up	-0-
Wed	8-9 p.m.	Power Walking Fitness	18-up	-0-

DAY	TIME	CLASS	AGE	FEE
LEAGUES				
Tue	6:30-8:30 p.m.	Girls Volleyball	7-12	\$25 per player
Thu	6:45-9:45 p.m.	Mens Basketball	18-up	\$360 per team

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	9 a.m.-noon	RARE Learning-Early Learners (M-F)	3-5	TBA
	9:15-10:15 a.m.	Jacki Sorensen's Dance Aerobics (T,Th)	18-64/65+	\$12/\$10 or \$3 per class
	3:30 p.m.	Piano Lessons (M,T,W,F, Sa)	5-16	\$90 mo.
	3:45-4:15 p.m.	Kidz Love Soccer Tot Soccer	3-4	\$56/6 weeks
	4-4:45 p.m.	Basketball Skills: Level 1 (M,W,F)	5-17	\$120 mo.
	4:15 p.m.	Piano Lessons (M,T,W,F, Sa)	5-16	\$90 mo.
	4:15-5 p.m.	Kidz Love Soccer 2	7-10	\$56/6 weeks
	4:45-5:30 p.m.	Basketball Skills: Level 2 (M,W,F)	5-17	\$120 mo.
	5 p.m.	Piano Lessons (M,T,W,F, Sa)	5-16	\$90 mo.
	5:15-5:45 p.m.	Kidz Love Soccer Parent and Me	2-3	\$56/6 weeks
	5:30-6:15 p.m.	Basketball Skills: Level 3 (M,W,F)	5-17	\$120 mo.
	5:30-6:25 p.m.	Chess (M,F)	6-up	\$10 per class
	5:45 p.m.	Piano Lessons (M,T,W,F, Sa)	5-16	\$90 mo.
	6-7 p.m.	Belly Fit	18-up	\$40 mo.
	6:15-7 p.m.	Basketball Skills: Level 4 (M,W,F)	5-17	\$120 mo.
	6:30 p.m.	Piano Lessons (M,T,W,F, Sa)	5-16	\$90 mo.
	6:30-7:25 p.m.	Chess (M,F)	6-up	\$10 per class
	7-8 p.m.	Belly Dancing	18-up	\$40 mo. or \$10 per class
	7-8 p.m.	Fitness to You (M,W)	18-up	\$5 per class
	7-8 p.m.	Tennis Lessons Adult Int.	18-up	\$80 mo.
7-9:30 p.m.	DFW Table Tennis	7-up	\$40 mo. or \$3 per class	
Tue	9-10 a.m.	Tennis Lessons Adult Beg. /Adv. Beg.	18-up	\$80 mo.
	5:30-6:30 p.m.	Okinawan Karate (T,Th)	7-up	\$60 mo.
	5:30-6:30 p.m.	Guitar Lessons	7-up	\$55 mo.
	6:30-7:30 p.m.	Guitar Lessons	7-up	\$55 mo.
Wed	5:15-6 p.m.	Ballet and Tap	3-5	\$44 mo.
	6:15-7 p.m.	Ballet and Tap	6-12	\$44 mo.
	7:45 p.m.	Hip-Hop and Jazz	6-12	\$44 mo.
7-8 p.m.	Tennis Lessons Adult Beg. /Adv. Beg.	18-up	\$80 mo.	
Thu	9-10 a.m.	Tennis Lessons Adult Int.	18-up	\$80 mo.
	6:30-7:30 p.m.	Okinawan Kobudo	7-up	\$50 mo.
Sat	8-9 a.m.	Tennis Lessons Juniors	7-10	\$40 mo.
	9-10 a.m.	SuperTots Soccer	3-6	\$25 mo.
	9-10 a.m.	Tennis Lessons Juniors	9-12	\$40 mo.
	9 a.m.-noon	DFW Table Tennis	7-up	\$40 mo. or \$3 per class
	10-11 a.m.	SuperTots Soccer	3-6	\$25 mo.
10-11 a.m.	Tennis Lessons Juniors	12-up	\$40 mo.	
11 a.m.-noon	Tennis Lessons Juniors	12-up	\$40 mo.	

DAY	TIME	CLASS
OPEN GYM BASKETBALL		
Mon	6-9 a.m. (basketball) / 11 a.m.-3 p.m. (basketball)	
Tue	noon-1 p.m. (basketball) / 1-3 p.m. (badminton) / 4-5:25 p.m. (basketball)	
Wed	6-9 a.m. (basketball) / noon-3 p.m. (pickle ball) / 8:15-9:30 p.m. (basketball)	
Thu	noon-1 p.m. (basketball) / 1-3 p.m. (badminton) / 4-5:25 p.m. (basketball)	
Fri	6-9 a.m. (basketball) / noon-3 p.m. (basketball) / 7-9:30 p.m. (volleyball)	
Sat	noon-3 p.m. (basketball) / 3-4:30 p.m. (badminton)	
Sun	1-3 p.m. (badminton) / 3-4:30 p.m. (basketball)	

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

GEORGIA FARROW RECREATION CENTER AT WEST PARK / 530 Davis Drive / (972) 721-2519
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9 a.m.-noon	Starkidz Preschool Academy (M-F)	3-6	TBA
	9:15-10 a.m.	Preschool Basketball	3-5	-0-
	10-10:45 a.m.	Color By Numbers	3-5	-0-
	11-11:45 a.m.	Learning US States	3-5	-0-
Tue	9:15-10 a.m.	Learning Zoo Animals	3-5	-0-
	10-10:45 a.m.	Writing Skills	3-5	-0-
	11-11:45 a.m.	Gym Mania	3-5	-0-
Wed	9:15-10 a.m.	Let's Workout	3-5	-0-
	10-10:45 a.m.	T-Ball Skills	3-5	-0-
	11-11:45 a.m.	Kraffy Me	3-5	-0-
Thu	9:15-10 a.m.	Preschool Soccer	3-5	-0-
	10-10:45 a.m.	Identifying and Matching	3-5	-0-
	11-11:45 a.m.	Piece The Puzzle	3-5	-0-
Fri	9:15-10 a.m.	Playdoh Mania	3-5	-0-
	10-11 a.m.	Tennis Stars	3-5	-0-
	11-11:45 a.m.	Preschool Racing	3-5	-0-
Sat	10-10:45 a.m.	Winter Treats	3-up	-0-

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	3-4 p.m.	Youth Basketball	7-12	-0-
	4-5 p.m.	Gym Mania	7-12	-0-
	5-6 p.m.	Madden 18 Competition	7-12	-0-
	6:15-7 p.m.	Ping Pong Challenge	7-12	-0-
	7-8 p.m.	Fit For Life	17-up	\$5
	8-9 p.m.	Beginners Origami	12-up	\$5
	9-9:45 p.m.	Table Tennis Challenge	17-up	-0-
	Tue	3-4 p.m.	Youth Soccer	7-12
4-5 p.m.		Paint By Number	7-12	\$5
5-6 p.m.		2K 18 Xbox 1	6-13	-0-
6:15-7 p.m.		Cardio Fitness	17-up	\$5
7-8 p.m.		Spanish 102	12-up	\$10
Wed	9-9:45 p.m.	Wonder Woman Workout	17-up	\$5
	3-4 p.m.	Youth Sports	7-12	-0-
	4-5 p.m.	Whiffle Ball	7-12	-0-
	6:15-7 p.m.	Xbox 1 FIFA Soccer 18	7-12	-0-
Thu	7-8 p.m.	Teen Time	13-17	-0-
	8-9 p.m.	Teen Fitness	14-17	-0-
	3-4 p.m.	Youth Flag Football	7-12	-0-
Fri	4-5 p.m.	Floor Hockey	7-12	-0-
	5-6 p.m.	Wii Games	7-12	-0-
	6:15-7 p.m.	Tissue Art Making	10-up	\$5
	7-8 p.m.	Uno Card Tournament	8-up	-0-
	3-4 p.m.	Youth Kickball	7-12	-0-
	4-5 p.m.	Fuse Beads Creation	7-12	-0-
	5-6 p.m.	Xbox and Wii Games	7-12	-0-
	6:15-7 p.m.	Meditation for Stress Relief	7-17	-0-
7-8 p.m.	Intro. To Drawing	7-17	\$5	
Sat	8-9 p.m.	Spanish Vocabulary	12-up	\$10
	9-9:45 p.m.	Art Critique Gathering	12-up	-0-
	11 a.m.-noon	Rummy and Spades	7-12	-0-
	noon-1 p.m.	Family Fitness	7-up	-0-

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	7-8 p.m.	Fit For Life	17-up	\$5
	8-9 p.m.	Beginners Origami	12-up	\$5
	9-9:45 p.m.	Table Tennis	17-up	-0-
Tue	6:15-7 p.m.	Cardio Fitness	17-up	\$5
	7-8 p.m.	Spanish 102	12-up	\$10
	8-9 p.m.	Beg. Rowing	18-up	\$5
	9-9:45 p.m.	Wonder Woman Workout	17-up	\$5
Wed	9-9:45 p.m.	Winter Workout	18-up	\$5
Thu	6:15-7 p.m.	Tissue Art Making	10-up	\$5
	7-8 p.m.	Uno Card Tournament	8-up	-0-
	8-9 p.m.	Table Tennis Skills	18-up	-0-
	9-9:45 p.m.	Book-Club	18-up	-0-
	8-9 p.m.	Spanish Vocabulary	12-up	\$10
Fri	9-9:45 p.m.	Art Critique Gathering	12-up	-0-
	9-9:45 p.m.	Family Fitness	7-up	-0-
Sat	Noon-1 p.m.	Family Fitness	7-up	-0-

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
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DAY	TIME	CLASS	AGE	FEE
Mon	7-8 p.m.	Zumba (M-F)	12-up	TBA
Thu	6:30-9 p.m.	Free Play Volleyball	15-up	IPAR
Fri	5:30-9:45 p.m.	R.I.S.E. Quad Rugby	18-up	TBA
Sat	9 a.m.-1 p.m.	R.I.S.E. Quad Rugby	18-up	TBA

DAY	TIME	CLASS
OPEN GYM BASKETBALL		
Mon	noon-4 p.m.	
Tue	noon-4 p.m. / 6-7 p.m. / 8-9:45 p.m.	
Wed	noon-4 p.m.	
Thu	noon-4 p.m. / 6-7 p.m. / 8-9:45 p.m.	
Fri	noon-4 p.m.	
Sat	1-4:45 p.m.	

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

HERITAGE SENIOR CENTER / 200 S. Jefferson St. / (972) 721-2496
Hours: Mon, Thu, Fri : 8 a.m.-9 p.m. / Tue : 8 a.m.-10 p.m. / Wed : 8 a.m.-5 p.m. / Sat : 9 a.m.-1 p.m. Membership required to participate in activities.

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	8:45-9:45 a.m.	AM Aerobics	50-up	\$15 mo.
	10-10:40 a.m.	Tai Chi for Arthritis/Fall Prevention	50-up	\$5 (includes Qi Gong)
	10-11 a.m.	Fit 4 Life	50-up	\$35 mo.
	10:45-11:20 a.m.	Qi Gong and the Art of Relaxation	50-up	\$5 (includes Tai Chi for Arthritis)
	10:45-11:45 a.m.	Assisted Chair Yoga	50-up	\$35 mo.
	12:30-3:30 p.m.	42 (Dominoes)	50-up	-0-
	12:30-4:30 p.m.	Beg. Bridge	50-up	-0-
	2-4 p.m.	The Lively Steppers	50-up	-0-
	5-6 p.m.	Int. Tahitian Dance	18-up	\$50 mo.
	5:30-6:30 p.m.	Zumba	18-up	\$20 mo. or \$5 per class
	6-7 p.m.	Pinterest Pin of the Week (1st M)	50-up	See newsletter for fee
	6-7 p.m.	Hula Lessons	18-up	\$20 mo.
	6-7:30 p.m.	Bingo	50-up	Covered Dish + 2 prizes
	6:30-7:30 p.m.	Yoga	18-up	\$35 mo. or \$8 per class
	7-8 p.m.	Hula Part B (for students who have studied Hula)	18-up	\$25 mo. Hula students, \$35 non-Hula students
	7-8 p.m.	Heritage Singers (2nd, 3rd, 4th, 5th M)	50-up	\$10 Yearly + Heritage Membership
	Tue	8:20-9:30 a.m.	Stretch and Tone	50-up
9-11 a.m.		Wood Carving	50-up	-0-
10-11 a.m.		Gospel Singing	50-up	-0-
10-11:30 a.m.		Senior Computer Club	50-up	-0-

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HERITAGE SENIOR CENTER / 200 S. Jefferson St. / (972) 721-2496
Hours: Mon, Thu, Fri : 8 a.m.-9 p.m. / Tue : 8 a.m.-10 p.m. / Wed : 8 a.m.-5 p.m. / Sat : 9 a.m.-1 p.m. Membership required to participate in activities.

DAY	TIME	CLASS	AGE	FEE
Tue	12:30-2 p.m.	Crochet and Knitting (1st, 2nd, 3rd T)	50-up	\$20 mo.
	12:30-3:30 p.m.	42 (Dominoes)	50-up	-0-
	12:30-4:30 p.m.	Hand and Foot	50-up	-0-
	12:30-4:30 p.m.	Adv. Bridge	50-up	-0-
	1-3 p.m.	Busy Fingers Quilting Club	50-up	-0-
	2:15-3:34 p.m.	Amigurumi Crochet	18-up	\$20 mo.
	6-7 p.m.	Evening Aerobics	18-up	\$15 mo.
	6:30-9:30 p.m.	Ceramics	18-up	\$15 mo.
	7-9:15 p.m.	Dance	18-up	\$6 weekly
	Wed	8:45-9:45 a.m.	AM Aerobics	50-up
9:30-11 a.m.		Neglected History/Critical Thinking	50-up	-0-
10 a.m.		Nutrition 101 (2nd W)	50-up	-0-
10-10:40 a.m.		Tai Chi for Arthritis/Fall Prevention	50-up	\$5 (includes Qi Gong)
10-11 a.m.		Blood Pressure Screening (3rd W)	50-up	-0-
10:45-11:20 a.m.		Qi Gong and the Art of Relaxation	50-up	\$5 (includes Tai Chi for Arthritis)
10:45-11:45 a.m.		Assisted Chair Yoga	50-up	\$35 mo./\$8 per class
noon-1 p.m.		Yoga	18-up	\$35 mo./\$8 per class
12:30-4 p.m.		Wednesday Poker Club	50-up	-0-
1:30-3:30 p.m.		Bluegrass Jam Session	50-up	-0-
Thu	1:30-3:45 p.m.	Line Dance	50-up	20 mo./\$6 per class
	8:20-9:30 a.m.	Stretch and Tone	50-up	\$5
	9-10 a.m.	Beg. Mixed Media	18-up	\$30 mo.
	10:15-11:15 a.m.	Bingo	50-up	\$1
	10:30-11:30 a.m.	Int. Watercolor/Acrylic	18-up	\$25 mo.
	12:30-3:30 p.m.	42 (Dominoes)	50-up	-0-
	12:30-4:30 p.m.	Hand and Foot	50-up	-0-
	12:30-4:30 p.m.	Adv./Int. Bridge	50-up	-0-
	1-2 p.m.	Beg. Tap	50-up	-0-
	1-2 p.m.	Fitness Room Orientation (2nd and 4th Th, appt. req.)	50-up	-0-
Fri	2:45-3:45 p.m.	Int. Tap Dance	50-up	\$30 mo.
	5:30-6 p.m.	Sit and Fit	50-up	\$8 mo
	6-7 p.m.	Evening Aerobics	18-up	\$15 mo.
	6:15-8:30 p.m.	Bunko	50-up	\$8 mo.
	7-8 p.m.	Great Book Club (3rd Th)	50-up	-0-
	7-8 p.m.	Writing and You (none 3rd Th)	50-up	-0-
	8:45-9:45 a.m.	AM Aerobics	50-up	\$15 mo.
	9 a.m.-noon	Mah Jongg	50-up	-0-; inst. book \$1
	9 a.m.-noon	Ceramics	50-up	\$15 mo.
	10-11 a.m.	Fit 4 Life	18-up	\$35 mo.
Sat	10-11:30 a.m.	Investor's Information Exchange	50-up	-0-
	10-11:45 a.m.	Friday at the Movies (2nd and 4th F)	50-up	-0-
	noon-5 p.m.	Canasta	50-up	-0-
	1-2:30 p.m.	Spanish Club	50-up	-0-
	5:30-6:15 p.m.	Sign up for Texas Hold Em'	50-up	\$3 per class
	5:30-6:30 p.m.	Zumba	18-up	\$20 mo./\$5 per class
	6:20-8:30 p.m.	Texas Hold 'Em (2nd and 4th F)	50-up	Heritage Membership required w/signup fee
	9:15-10:45 a.m.	Round Dance Lesson 1	18-up	\$25 per lesson
	9:30-10:30 a.m.	Yoga	18-up	\$35 mo./\$8 per class

LEE PARK RECREATION CENTER / 3000 Pamela Drive / (972) 721-2508
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	10 a.m.-noon	Preschool Mini Camp (M,W,F)	3-5	\$30
Tue	10-11 a.m.	Gym Games	3-5	-0-
	11 a.m.-noon	Basic Spanish	3-5	\$5
	noon-1 p.m.	Big Wheel Derby	3-5	\$5
Thu	10-11 a.m.	Ball Time	3-5	-0-
	11 a.m.-noon	Circle Learning	3-5	\$5
	noon-1 p.m.	Art for little hands	3-5	\$5
Sat	9:15-10 a.m.	Shapes and Colors	3-5	\$5
	10-11 a.m.	Legos and Blocks	3-5	\$5

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	2-3 p.m.	Homeschool Water Color Painting	6-14	\$5
	3:15-6 p.m.	Afterschool Program	K-5 grade	\$180/6 weeks
	3:30-4 p.m.	Relay Races	6-11	-0-
	4-5 p.m.	Fuse Beads	7-12	\$5
	6-7 p.m.	Table Tennis Challenge	9-13	-0-
Tue	7-8 p.m.	Core Training	13-17	\$5
	2-3 p.m.	Homeschool P.E. Tennis	6-14	-0-
	3:30-4 p.m.	Coloring Fun	6-11	\$5
	4-5 p.m.	Dodgeball Craze	7-12	-0-
	6-7 p.m.	Hand Sewing	10-up	\$10
Wed	7-8 p.m.	Billiards for Beginners	13-up	-0-
	4-5 p.m.	Loomi Bands	6-11	\$5
	6-7 p.m.	Weaving Projects	9-13	\$5
	7-8 p.m.	Floral Design	10-15	\$10
	Thu	2-3 p.m.	Homeschool Gym Games	6-14
4-5 p.m.		Winter Crafts	7-12	\$5
6-7 p.m.		Sewing - Zippers	10-up	\$10
7-8 p.m.		Indoor Soccer	10-17	IPAR Card
Fri		2-3 p.m.	Homeschool Sport Activities	6-14
	3:30-4 p.m.	Origami	7-12	\$5
	4-5 p.m.	Homework Help	7-12	\$5
Sat	11 a.m.-noon	String Art	6-11	-0-
	1-2 p.m.	Games with Bases	7-12	-0-
	2-3 p.m.	Learn to Paint	10-15	\$5
	3-4 p.m.	Game Room Rotation	13-17	IPAR Card

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	8-9 p.m.	Adult Stretching	18-up	\$5
	9-9:45 p.m.	Upper Body Training	18-up	\$5
Tue	9:15-10 a.m.	Senior Strength and Flexibility	50-up	\$10
	8-9 p.m.	Workout with Weights	18-up	\$5
	9-9:45 p.m.	Endurance Exercises	18-up	\$5
Wed	8-9 p.m.	Spinning 101	18-up	\$5
	9-9:45 p.m.	Ping Pong Champs	18-up	\$5
Thu	9-9:45 p.m.	Cardio Training	18-up	\$5
Sat	4-4:45 p.m.	Walk, Jog and Run	18-up	\$5

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	9:15-10 a.m.	Yoga for Seniors (M,W,F)	50-up	\$25 mo.
	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6-7 p.m.	Yoga II (M,W)	18-up	\$35 mo.

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
	6:30-7:30 p.m.	Zumba Fitness (M,W)	18-up	\$20 mo.
Tue	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6-9 p.m.	USA Go Ju Karate (T,F)	6-up	\$35 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
Wed	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
Thu	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
Fri	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6-7 p.m.	Yoga I	18-up	\$35 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
Sat	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:45-6:45 p.m.	Jazzercise	18-up	\$49 mo.
Sun	2-3 p.m.	Jazzercise	18-up	\$49 mo.

DAY	TIME	CLASS
OPEN GYM BASKETBALL		
Mon	10:30 a.m.-3 p.m. / 7:30-9:45 p.m.	
Tue	10:30 a.m.-3 p.m. / 7:30-9:45 p.m.	
Wed	10:30 a.m.-3 p.m. / 7:30-9:45 p.m.	
Thu	10:30 a.m.-3 p.m. / 6-9:45 p.m.	
Fri	10:30 a.m.-3 p.m. / 7:30-9:45 p.m.	
Sat	11:30 a.m.-2 p.m.	
Sun	1-4:45 p.m.	

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

LIVELY POINTE YOUTH CENTER / 909 N. O'Connor Road / (972) 721-8090
Hours: Mon-Fri : 4-9 p.m. / Sat : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	4-5 p.m.	Weight Room Orientation (M,W)	12-18	-0-
	5:30-6:30 p.m.	Gaming League	12-18	-0-
	6-7 p.m.	Snack Attack	12-18	-0-
	6:30-7:30 p.m.	Lively Running Club (M,W,F)	12-18	-0-
	7:30-8:30 p.m.	Technology Tutoring	12-18	-0-
Tue	4-5 p.m.	PS4 NBA 2K	12-18	-0-
	5-6 p.m.	Knockout Basketball	12-18	-0-
	5-6 p.m.	Trail Walk	12-18	-0-
	6-7 p.m.	Billiard League	12-18	-0-
	7:30-8:30 p.m.	Volleyball Skills & Drills	12-18	-0-
Wed	4-5 p.m.	Weight Room Orientation (M,W)	12-18	-0-
	5-6 p.m.	Homework Help	12-18	-0-
	6-7 p.m.	Let's Make Up	12-18	-0-
	6:30-7:30 p.m.	Lively Running Club (M,W,F)	12-18	-0-
	7:30-8:30 p.m.	Treadmill Training	12-18	-0-
Thu	4-5 p.m.	PS4 FIFA	12-18	-0-
	5-6 p.m.	Homework Help	12-18	-0-
	6-7 p.m.	Girls Fitness	12-18	-0-
	6-7 p.m.	Irving Youth Action Council Mtg. (2nd & 4th Th)	12-18	-0-
	7-9 p.m.	Indoor Soccer Free Play	12-18	-0-
Fri	4-5 p.m.	PS4 Madden	12-18	-0-
	5-6 p.m.	Ping Pong League	12-18	-0-
	6:30-7:30 p.m.	Lively Running Club (M,W,F)	12-18	-0-
	7:30-9 p.m.	Lively Film Club	12-18	-0-
	Sat	1-2 p.m.	Uno Challenge	12-18
2-3 p.m.		Minecraft for Beginners	12-18	-0-
3-4 p.m.		Gym Games	12-18	-0-
4-5 p.m.		Full Court Basketball	12-18	-0-

MUSTANG PARK RECREATION CENTER / 2223 Kinwest Parkway / (972) 556-1334
Hours: Mon, Wed : 6 a.m.-10 p.m. / Tue, Thu, Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun: 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9:30-11 a.m.	Preschool Camp I (M,W)	3-6	\$25
	11 a.m.-12:30 p.m.	Preschool Camp II (M,W)	3-6	\$25
Tue	9:30-11 a.m.	Preschool Camp III (T,Th)	3-6	\$25
	11 a.m.-12:30 p.m.	Preschool Camp IV (T,Th)	3-6	\$25
Sat	9:15-10 a.m.	Legos and Blocks	3-6	\$5
	10-11 a.m.	Painting Time	3-6	\$5
	11-11:45 a.m.	Color by Number	3-6	\$5
YOUTH & TEEN CLASSES				
Mon	4-5 p.m.	Badminton for Kids	6-12	\$5
Tue	3-4 p.m.	Wall Ball	6-12	\$5
Wed	4-5 p.m.	DIY Crafts	6-12	\$10
	7:15-8:15 p.m.	Fun with Food	7-15	\$15
Thu	3-4 p.m.	Table Tennis Baseball	6-12	\$5
	4-5 p.m.	Fuse Beads	6-12	\$5
	5-6 p.m.	Classic Arcade	7-15	\$5
Fri	3-4 p.m.	Craft Time	6-12	\$10
	3-4 p.m.	Handball League (Jan. 12 - Feb. 16)	8-12	\$50
	4-5 p.m.	Handball League (Jan. 12 - Feb. 16)	13-16	\$50
	6-9 p.m.	Dinner and A Movie	6-12	\$5 per night
Sat	noon-1 p.m.	Board Games	6-12	\$5
	1-2 p.m.	Arts and Crafts	7-15	\$10
	2-3 p.m.	Game Room Challenge	6-12	\$5
	3-4 p.m.	Beads and Bracelets	7-15	\$10

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	6-7 p.m.	Power Walking	18-up	-0-
	7:15-8:15 p.m.	DIY for Adults	18-up	\$15
Tue	6-7 p.m.	1 Million Step Challenge Meet-Up (T,W)	18-up	-0-
	7:15-8:15 p.m.	Adult Table Tennis	18-up	\$5
Fri	10 a.m.-noon	Senior Social	55-up	-0-
TBA	By appointment	Personal Training	18-up	\$20 per hour

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	8:30-9:30 a.m.	Yoga (M,W)	18-up	\$80 mo.
	9 a.m.-noon	RARE Learning-Early Learners (M-F)	3-5	TBA
	noon-1 p.m.	Camp Gladiator (M,W,F)	18-up	\$69 mo.
	5-5:30 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	5-6 p.m.	Indoor Tennis	7-up	\$40 mo.
	5:30-6 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	5:30-6:15 p.m.	Gymnastics	4-up	\$49 mo.
	6-6:30 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	6-7 p.m.	Indoor Tennis	7-up	\$40 mo.

Winter Session

Call (972) 721-2501 for details or more information. Registration for Heritage Senior Center classes begins at 10 a.m. the first business day of the month.

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE	
Mon	6:30-7 p.m.	Keyboarding/Piano	5-15	\$85 mo.	
Tue	10:30 a.m.-noon	Mom and Tots - Play & Learn Camp (T,Th)	24-36 mos.	\$65 mo.	
	4-4:45 p.m.	Basketball Skills: Level 1 (T,Th)	6-18	\$98 mo.	
	4-5 p.m.	Fine Art Lessons	6-9	\$99 mo.	
	4:45-5:30 p.m.	Basketball Skills: Level 2 (T,Th)	6-18	\$98 mo.	
	5-6 p.m.	Fine Art Lessons	10-16	\$99 mo.	
	5:30-6:15 p.m.	Basketball Skills: Level 3 (T,Th)	6-18	\$98 mo.	
	6-7 p.m.	Zumba (T,Th)	18-up	\$5 per class	
	6:15-7 p.m.	Basketball Skills: Level 4 (T,Th)	6-18	\$98 mo.	
	6:30-7 p.m.	Beg. Soo Bahk Do Karate (T,Th)	4-6	\$30 mo.	
	7-8 p.m.	Beg./Int. Soo Bahk Do Karate (T,Th)	7-up	\$50 mo.	
Wed	7:30-8:30 p.m.	Boot Camp	18-up	\$15 mo./\$3 per class	
	8-9 p.m.	Adv. Soo Bahk Do Karate (T,Th)	7-up	\$50 mo.	
	11:45 a.m.-12:30 p.m.	Kindermusik	18 mo.-3.5	TBA	
	12:30-1:15 p.m.	Kindermusik	0-18 mo.	TBA	
	4-5:15 p.m.	Kross Stitch Kids	7-up	\$30 mo. + supplies	
	5-6 p.m.	Indoor Tennis	7-up	\$40 mo.	
	5:30-6:15 p.m.	SuperTots Soccer	3-4	\$40 mo.	
	5:30-6:15 p.m.	Ballet and Tap	3-5	\$44 mo.	
	6-7 p.m.	Indoor Tennis	7-up	\$40 mo.	
	6:15-7 p.m.	Super Tots Soccer	5-9	\$40 mo.	
Thu	6:15-7 p.m.	Ballet and Tap	6-12	\$44 mo.	
	5-6 p.m.	Guitar Lessons	7-up	\$55 mo.	
	6-7 p.m.	Guitar Lessons	7-up	\$55 mo.	
	Fri	9-10 a.m.	Yoga	18-up	\$80 mo.
		9:30-10 a.m.	Parent and Me Dance Class	2-3	\$30 mo.
		10-10:45 a.m.	Tumbling for Tots	3-5	\$44 mo.
		10:45-11:30 a.m.	Ballet and Tap	3-5	\$44 mo.
		5-5:30 p.m.	Keyboard/Piano	5-15	\$85 mo.
		5:30-6 p.m.	Keyboard/Piano	5-15	\$85 mo.
		6-6:30 p.m.	Keyboard/Piano	5-15	\$85 mo.
6-7 p.m.		Chess Tempo	4-up	\$48 mo.	
6:30-7 p.m.		Keyboard/Piano	5-15	\$85 mo.	
Sat		9:30-10:30 a.m.	Boot Camp	18-up	\$15 mo./\$3 per class
	10-10:45 a.m.	Ballet and Tap	3-5	\$44 mo.	
	10-11 a.m.	Abacus Math	6-14	\$80 mo.	
	10:45-11:30 a.m.	Ballet and Tap	3-5	\$44 mo.	
	11-11:45 a.m.	Bollywood Dance	4-7	\$44 mo.	
	11:15 a.m.-12:15 p.m.	Abacus Math	6-14	\$80 mo.	
	11:30 a.m.-12:15 p.m.	Ballet and Tap	6-12	\$44 mo.	
	noon-12:45 p.m.	Bollywood Dance	8-13	\$50 mo.	
	1:15-1:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.	
	1:45-2:15 p.m.	Keyboarding/Piano	5-15	\$85 mo.	
1:45-2:25 p.m.	Keyboarding/Piano	5-15	\$85 mo.		
2-3 p.m.	Riaz' Art Studio	5-up	\$80 mo.		
2-3 p.m.	ThingY: STEM Learning	6-12	\$80 mo.		
2:15-2:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.		
2:45-3:15 p.m.	Keyboarding/Piano	5-15	\$85 mo.		
3:15-3:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.		
3:45-4:15 p.m.	Keyboarding/Piano	5-15	\$85 mo.		
4:15-4:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.		

OPEN GYM BASKETBALL

Mon	6-9 a.m. / 11 a.m.-3 p.m.* / 7:15-9:45 p.m. (badminton)
Tue	11 a.m.-3 p.m.
Wed	6-9 a.m. / 11 a.m.-3 p.m.* / 7:15-9:45 p.m. (pickleball)
Thu	11 a.m.-3 p.m.
Fri	noon-3 p.m.* / 6-9:45 p.m.
Sat	noon-2 p.m. / 2-4:45 p.m. (badminton)
Sun	1-3 p.m. / 3-5 p.m. (badminton)

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.
*Badminton half gym from noon-2 p.m.

NORTHWEST PARK RECREATION CENTER / 2800 Cheyenne St. / (972) 721-2529
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9:30-11:30 a.m.	Preschool Mini Camp (M,W,F)	3-5	\$30
Tue	9:15-10 a.m.	T-ball Basics	3-5	-0-
	10-11 a.m.	Blocks and Legos	3-5	\$5
	11 a.m.-noon	Gym Activities	3-5	-0-
	noon-1 p.m.	Story Time	3-5	\$5
	2-2:45 p.m.	Paper Flyers	3-5	\$5
Wed	9:15-10 a.m.	Shapes and Colors	3-5	\$5
	10-11 a.m.	Obstacle Courses	3-5	\$5
	11 a.m.-noon	Musical Games	3-5	\$5
	noon-1 p.m.	Trike Adventures	3-5	\$5
	2-2:45 p.m.	Nature Toys	3-5	\$5
Sat	9:15-10 a.m.	Tissue Paper Art	3-5	\$5
	10-11 a.m.	Soccer Basics	3-5	-0-

YOUTH & TEEN CLASSES

Mon	2-3 p.m.	Homeschool Sports Time	6-14	-0-
	2:45-6 p.m.	After School Program (M-F)	K-5	\$180/6 weeks
	4-5 p.m.	Fuse Beads	6-11	\$5
	6-7 p.m.	Basketball Skills	7-12	-0-
Tue	2-3 p.m.	Homeschool Acting and Drama	6-14	\$5
	4-5 p.m.	Dodgeball Mania	7-12	-0-
	6-7 p.m.	Gym Exercises	9-13	IPAR Card
	7-8 p.m.	Canvas Painting	10-15	\$5
	8-9 p.m.	Teen Strength Training	13-17	\$5
Wed	4-5 p.m.	Nifty 50 Games	6-11	\$5
	5-6 p.m.	Drama 101	9-13	\$5
	6-7 p.m.	Scrapbooking for Beginners	13-17	\$5
Thu	4-5 p.m.	Sports Games	7-12	-0-
	6-7 p.m.	Floor Hockey Challenge	9-13	-0-
Fri	2-3 p.m.	Homeschool Diamond Games	6-14	-0-
	4-5 p.m.	DIY Projects	7-12	\$5
	5-6 p.m.	Learn to Fish	9-13	\$5
	6-9 p.m.	Parents' Night Out	K-5	\$10 per night
Sat	11 a.m.-noon	Nature Hike and Craft	6-11	\$5
	1-2 p.m.	Kickball Kraze	7-12	-0-
	2-3 p.m.	Pinch of Madness	10-15	\$5

ADULT CLASSES

Mon	7-8 p.m.	Walking Club (M, W)	18-up	\$5
	8-9 p.m.	Target Heart Rate Training	18-up	\$5
	9-9:45 p.m.	Healthy Habits	18-up	\$5
	9-9:45 p.m.	Card Games	18-up	\$5
Wed	7-8 p.m.	Modge Podge Projects	18-up	\$5
	8-9 p.m.	Simple Drawing	18-up	\$5
	9-9:45 p.m.	Power Walking	18-up	\$5
Thu	8-9 p.m.	Cardio Workout	18-up	\$5
	9-9:45 p.m.	Jog & Run	18-up	\$5

NORTHWEST PARK RECREATION CENTER / 2800 Cheyenne St. / (972) 721-2529
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
Sat	3-4 p.m.	Step Into Shape	18-up	\$5
	4-4:45 p.m.	Gym Exercises	18-up	\$5

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Tues	7-8 p.m.	Zumba (T, F)	18-up	TBD

OPEN GYM BASKETBALL

Mon	9-10:30 a.m. / noon-2 p.m. / 6-9:45 p.m.
Tue	10 a.m.-1 p.m. / 3-5 p.m. / 6-9:45 p.m.
Wed	9-11 a.m. / 11:30 a.m.-4 p.m. / 6-9:45 p.m.
Thu	11 a.m.-4 p.m. / 6-9:45 p.m.
Fri	9-11 a.m. / noon-4 p.m. / 6-9:45 p.m.
Sat	9-10 a.m. / 11 a.m.-2 p.m. / 3-4:45 p.m.

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

SENER PARK RECREATION CENTER / 901 S. Senter Road / (972) 721-2641
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9:30 a.m.-noon	Preschool Educational Program (M,T,Th)	3-5	\$45/8 weeks
Fri	9:30-10:30 a.m.	Winter Math	3-5	\$2
	10:30-11:30 a.m.	Preschool Chef	3-5	\$5

YOUTH & TEEN CLASSES

Mon	4-5 p.m.	Gym Games	8-10	-0-	
	5-6 p.m.	Youth Book Club	9-12	-0-	
	6-7 p.m.	Tone Zone	15-up	\$5	
	7-8 p.m.	Bingo	8-12	\$2	
	7:30-8:30 p.m.	Karate (M,W)	5-up	\$40 mo.	
Tue	8-9 p.m.	Strength and Flexibility	18-up	\$3	
	1:30-2:30 p.m.	Homeschool PE	8-12	-0-	
	4-5 p.m.	DIY Craft	8-10	\$4	
	5-6 p.m.	Youth Drawing	8-12	\$2	
	5:45-8:45 p.m.	ActivStars Karate	4-15	\$7/wk.	
	6-7 p.m.	Rock Painting	8-12	\$2	
	7-8 p.m.	Back and Hip Strengthens	8-up	\$3	
	8-9 p.m.	Anything Goes Crafters	12-up	\$2	
	Wed	6-7 p.m.	Basketball Skills and Conditioning	13-up	-0-
		7-8 p.m.	Volleyball Skills	8-12	-0-
8-9 p.m.		Pool Hall	17-up	-0-	
Thu	1-2 p.m.	Homeschool Cooking	7-12	\$2	
	4-5 p.m.	Kick Fit	18-up	\$5	
	5-6 p.m.	Wall Ball	8-12	-0-	
	5:45-8:45 p.m.	Active Stars Cheer	4-15	\$7/wk.	
	6-7 p.m.	Imaginative Baking	8-13	\$3	
	7-8 p.m.	Slimnastics	15-up	\$5	
	8-9 p.m.	Youth Fitness	8-12	-0-	
Fri	1-2 p.m.	Homeschool Gym Games	8-12	-0-	
	4-5 p.m.	Tye Dye	8-10	\$4	
	5-6 p.m.	Youth Fitness	8-12	\$3	
	6-7 p.m.	Money Saving Tips	17-up	-0-	
	7-8 p.m.	Creative Crafts	8-12	\$2	
	8-9 p.m.	X-Box Challenge	8-up	\$2	

ADULT CLASSES

Mon	6-7 p.m.	Tone Zone	15-up	\$5
	7:30-8:30 p.m.	Karate (M,W)	5-up	\$40 mo.
	8-9 p.m.	Strength and Flexibility	18-up	\$3
Tue	7-8 p.m.	Back and Hip Strengthens	8-up	\$3
	8-9 p.m.	Anything Goes Crafters	12-up	\$2
Wed	6-7 p.m.	Basketball Skills and Conditioning	13-up	-0-
	8-9 p.m.	Pool Hall	17-up	-0-
Thu	4-5 p.m.	Kick Fit	18-up	\$5
	7-8 p.m.	Slimnastics	15-up	\$5
Fri	6-7 p.m.	Money Saving Tips	17-up	-0-
	8-9 p.m.	X-Box Challenge	8-up	\$2
Sat	11 a.m.-noon	Strength Conditioning	15-up	\$2

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	9-10 a.m.	Zumba Fitness (M-F)	18-up	\$35 mo./\$3 per class
	10 a.m.-1 p.m.	Pickle Ball (M,F)	50-up	IPAR Card
	11 a.m.-2 p.m.	Power Workout (M-F)	18-up	ID/\$1 daily
	4-6 p.m.	Power Workout (M-F)	18-up	ID/\$1 daily
	6-7 p.m.	Zumba Fitness (M-F)	18-up	\$35 mo./\$3 per class
	7:30-8:30 p.m.	Karate (M,W)	5-up	\$50 mo.
	7:30-9:45 p.m.	Badminton (M,T,Th,Su)	18-up	ID/\$20 Annual
Tue	5-9 p.m.	ActivStars Karate	4-15	\$7/wk
Wed	11:30 a.m.-12:30 p.m.	Senior Lunch	50-up	\$4
	5-8:30 p.m.	Needle Work Gathering	18-up	-0-
Thu	5-9 p.m.	ActivStars Cheerleading	4-15	\$7/wk
	6-8 p.m.	Senior Jams	50-up	-0-
Fri	11 a.m.-2:30 p.m.	Irving Singles Canasta	50-up	-0-
Sat	11 a.m.-1 p.m.	Jujitsu	6-up	\$25 mo.

OPEN GYM BASKETBALL

Mon	9 a.m.-9:45 p.m.
Tue	9 a.m.-6 p.m.
Wed	6 a.m.-5 p.m. / 8-9:45 p.m.
Thu	9 a.m.-6 p.m.
Fri	9 a.m.-6 p.m. / 7-9:45 p.m.
Sat	9 a.m.-4:45 p.m.
Sun	1-4:45 p.m.

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

Monthly AquaStars Swim Program

Irving's AquaStars program allows children with special needs, along with their families and guardians, to safely enjoy access to a premier city swimming facility. The program is custom-designed for children with special needs ages 18 and younger. An adult or guardian must accompany participants. AquaStars provides special needs children with an opportunity to sidestep crowds and experience the excitement of play in one of the city's aquatic facilities. The Heritage Aquatic Center pool features a special needs accessible ramp, chair lift and water chairs.

Participants pay \$1 ages 4-17; \$1.50 ages 18-50. AquaStars is held from 11:30 a.m. to 1 p.m. on the following dates: Dec. 10, Jan. 14, Feb. 11, March 11, April 8 and May 13 at the Heritage Aquatic Center, 200 S. Jefferson St. For more information, visit CityofIrving.org/814 or call (972) 721-7311. ■